

“The secret of life is enjoying the passage of time”

-James Taylor

**Purpose of  
Outreach /Social Services**

The Newburyport Council on Aging Outreach Specialist/Social Worker provides information and referral services; education; advocacy; program development; crisis intervention; direct service work; outreach; home visits; and collaboration with local municipal, community and state agencies and services to promote the well being of older adults and their care partners and persons with disabilities. The program addresses the emerging needs of Newburyport’s older and aging community members.



Topics that may be addressed include:

- Housing
- Home Care Services
- Food Stability
- Transportation
- Financial Concerns
- General Health
- Family Issues

*Newburyport  
Senior/Community Center  
331 High Street  
Newburyport, MA  
01950*

“Count your age by your friends not years, count your life by smiles not tears”

-John Lennon

## Newburyport Senior/Community Center

### **Supportive & Outreach Services**



*“Live the Good Life- Stay Connected”*

*For more information  
contact:*

*Ann Freeman, LSW Social  
Worker  
978-462-0430 x1607*

**The Newburyport Council on Aging's Outreach Program offers:**

**Support and Advocacy**-Provides support and advocacy service and linkage to appropriate community, state and federal agencies, resources and services

**Information and Referral**: Provides information regarding pertinent issues and assisting linking seniors to needed services and appropriate community and local agencies.

**Outreach**- the Outreach Specialist/ Social Worker delivers services in the community and Newburyport Housing Sites

**Home visits**- When unable to meet at the Senior/Community Center, services may be provided in home.

**One on One Assistance**- Assessment of needs, identifying options and resources are done in the office, by phone, in the community and in homes. Assistance with filling our paperwork associated with housing, food, insurance or other public assistance is available.

**Programs and Support Services**- Caregiver Support Groups, Educational Speaker Series are opportunities to socialize and stimulate the mind



**Social Services**  
**include:**

- Office visits
- Home visits
- Outreach in the community
- Advocacy
- Information and Referral services
- Collaboration with area agencies and services
- Support Groups
- Family meetings
- Speaker Series
- Friendly Call Program
- Assistance filling out needed forms

**Referrals may come from:**

- ◆ Family members
- ◆ Self Referrals
- ◆ Community members
- ◆ Local social service, legal, health, municipal and mental health agencies and staff

**Services are provided free of charge**

**Agencies/ Services**  
**We Partner with Include:**

- \* Age Span
- \* Our Neighbor's Table
- \* First Parish Church Newbury Food Pantry
- \* Newburyport Housing Authority
- \* Community Action
- \* Community Service of Newburyport
- \* Pettengill House
- \* NEET Transportation
- \* The Salvation Army
- \* City of Newburyport Municipal Departments
- \* And many more!

