

## Greater Newburyport Area - Free Groceries

### Amesbury (Monday, Tuesday, Wednesday, Thursday, Friday, Saturday)

<b>Community Action</b> 44 Friend St. Amesbury 978-388-2570	Mon: 9:00am – 3 pm Tue: 9:00am – 3 pm Thu: 11:00am – 6 pm	✓ Residents of Newburyport, Newbury, Byfield, Amesbury, Salisbury, West Newbury, Merrimac. ✓ Twice Per Month. Call ahead. Hallway pickup (Clothing is also available.)
<b>Our Neighbors Table Market</b> (Jarvis-Taylor Center) 194 Main St. Amesbury 978-388-1907	Wed: 10:00 - 4:00pm Thu: noon - 6:00pm Fri: 9:00am -3:00pm Sat: 9:00am -1:00pm	✓ Residents of Amesbury, South Hampton, Boxford, Byfield, Newbury, Newburyport, West Newbury, Groveland, Georgetown, Merrimac, Rowley, Salisbury ✓ Once per week. Call ahead to order. ✓ Curbside pickup.
<b>Our Neighbors Table Market</b> (Heritage Towers & Heritage Vale) 180 Main St. Amesbury 978-388-1907	Wed: 9:30 - 10:30am First and third Wednesdays only	✓ Serves Heritage Towers and Heritage Vale residents only. ✓ Call first.
<b>Our Neighbors Table Market</b> (at Powwow Villa) 26 Summer St. Amesbury 978-388-1907	Wed: 9:30 - 10:30am First and third Wednesdays only.	✓ Serves Powwow Villa residents only ✓ Call first.
<b>Our Neighbors Table Home Delivery</b> Amesbury Council on Aging 978-388-8138	Call for appointment	✓ Amesbury residents only ✓ Available for homebound individuals ✓ Contact Council on Aging to apply

### Merrimac (Wednesday)

<b>Merrimac Council of Aging</b> 100 East Main St. Merrimac 978-346-9549	Wed: 10:30am-noon	✓ Merrimac residents only ✓ 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays ✓ Call to request delivery.
<b>ONT/Merrimac Sweetsir Elementary School</b> 104 Church Street, Merrimac 978-388-1907	Sat: 9-10:30 am First and third Sat only	✓ Merrimac residents only ✓ Must pre-order by Friday ✓ Curbside pickup.

### Newbury (Friday)

<b>First Parish Newbury Food Pantry</b> 20 High Road Newbury 978-358-1077	Delivery 10-1:30 pm, Pickup 2:30 - 5:00pm	✓ Serves Newbury, Byfield, Newburyport, West Newbury, Ipswich, Rowley, Salisbury. ✓ Pre-order online or by phone from noon Wed to 7 pm Thurs.
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### Newburyport (Monday, Tuesday, Wednesday, Thursday, Friday)

<b>The Salvation Army</b> 40 Water St. Newburyport 978-465-0883	Mon-Fri 9am -2 pm	✓ Newburyport, Newbury, Byfield, West Newbury, Amesbury & Salisbury ✓ Call ahead for curbside pickup.
<b>Our Neighbors' Table Newburyport</b> Hope Church 11 Hale St. Newburyport 978-388-1907	Thurs 10 am -noon	✓ Residents of Newburyport, Newbury, Byfield & West Newbury. ✓ Call ahead. Curbside pickup.

<b>Rowley (Tuesday, Thursday)</b>		
<b>The Rowley Food Pantry</b> 153 Main St. Rowley 978-238-6264	Tue: 10:00am - noon Thu: 5:30 - 7:00pm	<ul style="list-style-type: none"> <li>✓ Rowley residents only</li> <li>✓ Once per week</li> <li>✓ Located at Rectory of First Baptist Church - rear door</li> <li>✓ Curbside pickup.</li> </ul>
<b>Salisbury (Tuesday, Wednesday)</b>		
<b>Pettengill House</b> 13 Lafayette Rd. Salisbury 978-463-8801 Call for appointment (no one turned away)	Tue: 9:00am - 3pm 4:00pm – 6 pm Wed: 9:00am – 1pm	<ul style="list-style-type: none"> <li>✓ Residents of Amesbury, Byfield, Newbury, Newburyport, Merrimac, West Newbury, Groveland, Rowley, Salisbury</li> <li>✓ Call ahead. Curbside pickup</li> <li>✓ Delivery available if unable to pickup.</li> </ul>
<b>West Newbury (Monday)</b>		
<b>West Newbury Council of Aging Pantry</b> 381 Main St. West Newbury 978-363-1104	First and third Mondays By appointment	<ul style="list-style-type: none"> <li>✓ Everyone is welcome (no restrictions)</li> <li>✓ Call first. Curbside pickup.</li> <li>✓ Delivery to senior housing available.</li> </ul>

<b>Greater Newburyport Area - Free Meals</b>		
Monday	<b>Among Friends at St. Paul's Church</b> 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by noon.	Takeout and limited delivery of dinner from 5:00pm-6:00pm
Tuesday	<b>Among Friends at St. Paul's Church</b> 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by 9 am.	Takeout and limited delivery of lunch from 11:00am-12:30pm
	<b>Immaculate Conception Church</b> 42 Green Street, Newburyport-Tel: 978-462-2724	Takeout dinner from 5:00pm-6:00pm.
Wednesday	<b>The Salvation Army</b> 40 Water St., Newburyport - Tel: 978-465-0883	
	<b>Our Neighbors' Table at Main Street Congregational Church.</b> 145 Main St., Amesbury - Tel: 978-388-1907	Takeout dinner from 4:00pm-6:00pm
Thursday	<b>The Salvation Army</b> 40 Water St., Newburyport - Tel: 978-465-0883	Takeout dinner from 5:00-5:30 pm at parking lot door.
Friday	<b>Among Friends at St. Paul's Church</b> 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by 9 am.	Takeout lunch from 11:00am-12:30pm
Saturday	<b>Central Congregational Church</b> 14 Titcomb St., Newburyport - Tel: 978-465-0533	Takeout breakfast from 8:00am-10:00am (Breakfast not held in June, July and August)
Sunday	<b>Old South Presbyterian Church</b> 29 Federal Street, Newburyport - Tel: 978-465-9666	Takeout lunch from 11:30 -12:30pm

For homebound individuals aged 60+ or qualified adults with disabilities, Meals on Wheels is available by calling your Council on Aging. Amesbury-978-388-8138; Newbury-978.462.8114; Newburyport-978-46-0430; West Newbury-978-363-1104, Rowley- 978-948-7637, Salisbury- 978-462-2412.