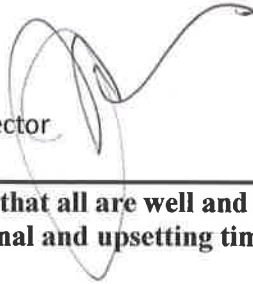


West Newbury Housing Authority
379 Main Street
West Newbury, MA 01985
978.363.2723
Email nha@nhahousing.com

April 9, 2020

TO: ALL RESIDENTS
FR: Tracy M. Watson, Executive Director
RE: COVID19 Check Ins!



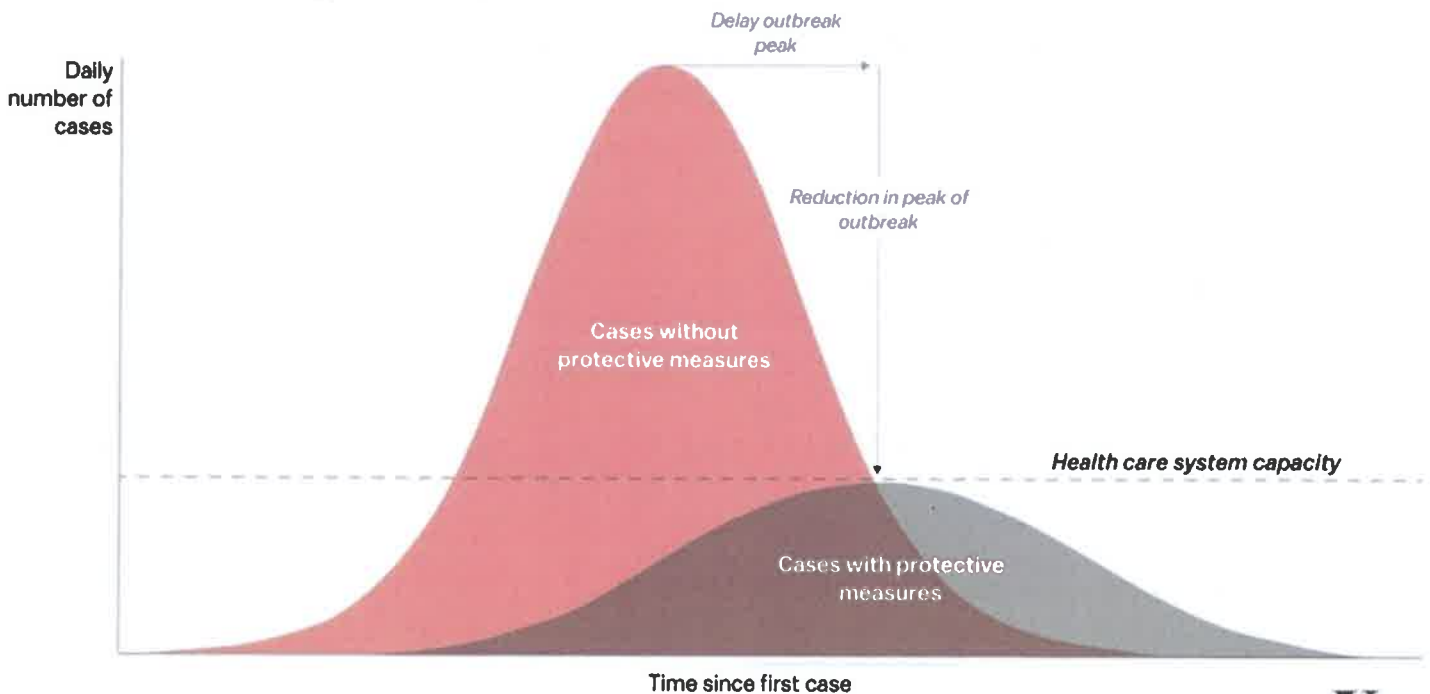
This memo comes with the hope that all are well and hanging in there during these isolating times!! We realize that this is an emotional and upsetting time but remember ...we are all in this together!!

I wanted to remind all residents that we are here if you need us! Just call or email! Maintenance is on site daily to sanitize the common areas and address any emergencies. The Administrative Office remains CLOSED and staff is working remotely however should you need us just give us a call!!

Attached please find the FREE GROCERIES list for Greater Newburyport...just in case there is a need!

Remember....
WASH YOUR HANDS!
DON'T TOUCH YOUR FACES!
PRACTICE SOCIAL DISTANCING!
Together we CAN flatten the curve!!

Flattening the curve



Source: CDC

Vox

FREE GROCERIES IN GREATER NEWBURYPORT (COVID-19)

Monday-Amesbury, Newburyport, West Newbury

Community Action, Inc. 44 Friend St., Amesbury - Tel: 978-388-2570 Hours: 9:00am-3:00pm	* Serves Merrimac, Amesbury, Salisbury, Newburyport, Newbury, Byfield, and West * Call before coming. Hallway pickup.
The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883 Hours: 1:00pm-3:45pm	* Serves Newburyport, Newbury, West Newbury, Amesbury, Salisbury and Byfield * Call first. Curbside pickup. (2X/month)
West Newbury Pantry at Council on Aging 381 Main St, W. Newbury - Tel: 978-363-1104 Hours: 9:00am-10:30am	* All welcome. Delivery to senior housing avail. * 1st, 3rd & Mondays and by appointment Call first. Curbside pickup.

Tuesday-Amesbury, Newburyport, Salisbury, Rowley

Community Action, Inc. 44 Friend St., Amesbury - 978-388-2570 Hours: 9:00am-3:00pm	* Serves Merrimac, Amesbury, Salisbury, Newburyport, Newbury, Byfield, and West * Call before coming. Hallway pickup.
The Pettengill House, Inc. Food Pantry 13 Lafayette Rd., Salisbury. Tel: 978-463-8801 Please arrive 1/2 hour before close Hours: 9:00-2:00 & 4:00-6:00	* Serves Amesbury, Groveland, Merrimac, Newburyport, Rowley, Salisbury, Byfield, Newbury and West Newbury Call first. Curbside pickup.
The Rowley Food Pantry 153 Main Street, Rowley - Tel: 978-238-6264 Hours: 10:00am-12:00pm	* Serves Rowley residents * Rectory of First Baptist Church - rear door Every two weeks

Wednesday - Amesbury, Newburyport, Merrimac, Salisbury

Our Neighbors' Table at Heritage Towers & Heritage Vale, Amesbury - 978-388-1907 Hours: 9:30am-10:30am	* Serves Heritage Towers and Heritage Vale residents only 1st and 3rd Wednesdays.
Our Neighbors' Table Market-Powwow Villa, Amesbury - Tel: 978-388-1907 Hours: 9:30am-10:30am	* Serves Powwow Villa residents only * 1st and 3rd Wednesdays
The Pettengill House, Inc. Food Pantry 13 Lafayette Rd., Salisbury. Tel: 978-463-8801 Please arrive 1/2 hour before close Hours: 9:00-1:00pm	* Serves Amesbury, Groveland, Merrimac, Newburyport, Rowley, Salisbury, Byfield, Newbury and West Newbury SENIORS only. Call first, curbside pickup.
Merrimac Council on Aging 100 E Main St, Merrimac - Tel: 978-346-9549 Hours: 10:30-12 noon	* Merrimac residents only. 2nd and 4th Wednesdays delivery of food packages. Must call to request delivery
The Market at Our Neighbor's Table Jarvis-Taylor Center; 194 Main St., Amesbury Hours: 10-4pm - Tel: 978-388-1907 once per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery

The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883 Hours: 1:00pm-3:45pm	* Serves Newburyport, Newbury, West Newbury, Amesbury, Salisbury and Byfield * 2X per month. Call ahead. Curbside del.
Thursday-Amesbury, Newburyport, Rowley	
Community Action, Inc. 44 Friend St., Amesbury - 978-388-2570 Hours: 11:00am-6:00pm	* Serves Merrimac, Amesbury, Salisbury, Newburyport, Newbury, Byfield, and West * Call ahead. Hallway pickup
Our Neighbors' Table NBPT Nock Middle School, Low St. NBPT Hours: 10:00am-12:00pm	* Serves Newburyport, Newbury, Byfield and West Newbury. 1X per week * Call ahead Curbside delivery
The Market at Our Neighbors' Table Jarvis-Taylor Center; 194 Main St., Amesbury Hours: noon-6 pm - Tel: 978-388-1907 1 X per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery
The Rowley Food Pantry 153 Main Street, Rowley - Tel: 978-238-6264 Hours: 5:30pm-7:00pm	* Serves Rowley residents - every two weeks * Rectory of the First Baptist Church - rear door
The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883 Hours: 1:00pm-3:45pm	* Serves Newburyport, Newbury, West Newbury, Amesbury, Salisbury and Byfield * Call first. Curbside pickup. (2X/month)
Friday - Amesbury, Newbury, Salisbury	
First Parish Church of Newbury 20 High Rd, Newbury, Tel: 978-358-1077 Hours: 3:00pm-5:00pm/2:30pm Newbury res.	* Pre-order online by 7 pm Thurs. * Curbside pickup 2:30-5. Local deliveries. Must pre-order by phone or online.
The Market at Our Neighbors' Table Jarvis-Taylor Center; 194 Main St., Amesbury Hours: 9:00pm-3 pm - Tel: 978-388-1907 1X per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery
Saturday-Amesbury & Merrimac	
The Market at Our Neighbors' Table Jarvis-Taylor Center; 194 Main St., Amesbury Hours: 9:00pm-1 pm - Tel: 978-388-1907 1X per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery
ONT/Merrimac Sweetsir Elem School 104 Church St., Merrimac - 978-388-1907 Hours: 9:00am-10:30am	* Serves Merrimac residents only * Call ahead. Curbside delivery. Must pre-order by Friday. First and third Saturdays