



CITY OF NEWBURYPORT
OFFICE OF THE MAYOR
SEAN R. REARDON, MAYOR

RECEIVED
CITY CLERK'S OFFICE
NEWBURYPORT, MA
2023 OCT -5 P 6:14

60 PLEASANT STREET - P.O. Box 550
NEWBURYPORT, MA 01950
978-465-4413 PHONE
MAYOR@CITYOFNEWBURYPORT.COM

To: President and Members of the City Council
From: Sean R. Reardon, Mayor
Date: October 16, 2023
Subject: Appointment

I hereby appoint, subject to your approval, the following named individual as Director on the Council on Aging. This term will expire on November 1, 2026.

Sara Landry
462 South Main Street
Nashua, NH 03060

Sara Landry
462 South Main Street
Nashua, NH 03060
603-233-4180
Blandry603@comcast.net

Employment **Executive Director, Adult and Senior Programs: Hobbs Community Center**
Town of Pelham, NH

2011-present

- Directs, manages implements and evaluates adult and senior programs at the Hobbs Community Center. Creates marketing material and newsletters to update participants of upcoming and ongoing programs and events.
- Advocates for solutions to issues that affect aging adults, such as creating age friendly walking trails, safe and well-lit roadways, adequate and affordable housing, and coordination of care.
- Educates community members on issues facing older adults, by providing presentations and working with the master planning committee.
- Provides expertise and guidance to community, state, federal organizations and town departments.
- Oversees the daily operations at the Hobbs Community Center, coordinates space needs and manages staff as well as volunteers.
- Budget responsibilities to include the development and implementation of the program.
- Liaison to the Pelham Council on Aging
- Operational oversight of the senior bus to include scheduling, pre-qualifying riders, and dispatching drivers.
- Collects and analyzes data, creates biweekly for reports for the Board of Selectmen and Town Administrator on the needs of aging adults in the community. Presents to the BOS as needed.
- Collaboration with town departments, area businesses and organizations to support and expand program options for aging adults.
- Survey and evaluate member interest and needs culminating in program development.
- Facility management for the Hobbs Community Center and outdoor recreational spaces
- Manages multiple organizations that utilize the space at the Hobbs community center.

Director, Senior Center

Town of Londonderry, NH

2002-2011

- Created and opened the first town run senior center in Londonderry.
- Developed, managed, and directed programs at the senior center and the Senior Affairs Department for the Town of Londonderry
- Budget responsibility to include the development and implementation of the program.
- Managed fundraising activities
- Monthly reports to the Town Council and Town Manager on senior center activities and needs.
- Supervised staff and volunteers at the Senior Center.
- Provided information and assistance to town and area residents regarding social needs.
- Collaborated and supported the Elder Affairs Committee and area supportive services to increase and expand programs.

Outreach Coordinator

Senior Center, Town of Pepperell, MA

2000-2002

- Conducted outreach with individuals and families of seniors in the community.
- Created tailored health care plans based on the clients' needs, connected them to health care resources, and monitored their progress.
- Assisted with scheduling, reminders and transportation to assure attendance of medical appointments.
- Created educational programs to address the needs of aging adults in the Pepperell community.
- Tracked case development.
- Collaborated with agencies to facilitate linkage to the healthcare system and in-town senior programs.

Social Work Consultant: D'Youville Senior Care and Life Care Center

1999-2002

- Supported residents and families with ongoing adjustment to their new setting and level of care.
- Assisted with the opening of a new dementia care unit.
- Monitored and maintained caseloads during staff absences.

Case Manager- Huntington's Disease Program

Mediplex Health Care, Lowell, MA

1997 – 1999

- Worked with residents and families dealing with difficult and complex issues dealing with Huntington's Disease
- Managed care plans and worked with insurance companies and state agencies regarding payment and coverage.
- Provided education and resources to patients and families.

Director of Social Services

Apple Valley Continuing Care Facility, Ayer, MA

1992 – 1997

- Collaborated with the admissions department and interdisciplinary team to ensure a smooth admission process.
- Supported residents and families with ongoing adjustment to their new setting and level of care.
- Participated in discharge planning and the coordination of discharge plans.
- Developed and implemented care plans and resident assessments.
- Provided residents and families with education and support regarding aging, illness, coping and loss.
- Interviewed residents and/or family members, to obtain social history, and discussed end of life issues with knowledge of advanced directives.
- Detailed knowledge of community resources including VNA, Adult Day Programs, Assisted Living Communities, Senior Housing
- Managed, developed and coordinated caregiver support group.

Case Manager, Congregate Housing Coordinator and Managed Care Housing Coordination

Elder Services of the Merrimack Valley, Lawrence, MA

1989 – 1992

- Provided assessment and case management services for seniors living in the community who required home care assistance.
- Worked in a multidisciplinary team to include, private housing management team, VNA, home care services, and medical facilities to ensure a safe home environment in a congregate and apartment style setting

Education

Bachelor of Science- Psychology with a minor in Gerontology

Plymouth State College, Plymouth NH -1989- Cum laude