

# Could you use extra money for food? **SNAP can help.**

**SNAP = \$ for food.** The financial burden from the pandemic has been a roller coaster of ups and downs affecting us all in different ways. SNAP has been a steady and reliable source to extend your budget throughout these times of uncertainty. **With gas prices skyrocketing and food prices through the roof — we could all use a little extra money in our pockets!** Once enrolled, your SNAP benefits are put onto a card each month. You'll use this card just like an atm or bank card and it's accepted at most supermarkets, convenience stores and some farmers' markets. **SNAP is for everyone** — families, seniors, disabled, employed, unemployed, veterans, and active military.



**Our Neighbors' Table** makes it easy to apply for SNAP. We will help you apply for SNAP over the phone — there's no need to come in!

**To make an appointment to  
apply for SNAP with  
Our Neighbors' Table  
Call 978-388-1907**



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**978-388-1907**

Our Neighbors' Table  
194 Main St., Amesbury, MA

# ¿Le vendría bien algo de dinero adicional para comida? **SNAP puede ayudar.**

**SNAP = \$ para comida.** La carga financiera de la pandemia ha sido una montaña rusa de altibajos que nos afectan a todos de diferentes maneras. SNAP ha sido una fuente constante y confiable para ampliar su presupuesto durante estos tiempos de incertidumbre. **Con los precios de la gasolina disparados y los precios de los alimentos por las nubes, ¡a todos nos vendría bien un poco de dinero adicional en nuestros bolsillos!** Una vez inscrito(a), sus beneficios de SNAP se abonan en una tarjeta cada mes. Usted utilizará esta tarjeta como una tarjeta de cajero automático o bancaria y se acepta en la mayoría de los supermercados, tiendas de conveniencia y algunos mercados de agricultores. **SNAP es para todos:** familias, personas mayores, personas con discapacidad, empleados, desempleados, veteranos y militares en servicio activo.



**Our Neighbors' Table facilita el proceso de solicitar SNAP. Le ayudaremos a solicitar SNAP por teléfono, ¡no es necesario que se presente en persona!**

**Si desea hacer una cita para solicitar SNAP a través de Our Neighbors' Table Lleme al 978-388-1907**



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**Our Neighbors' Table  
194 Main St., Amesbury, MA**

# Seria bom ter dinheiro extra para comprar comida? **O SNAP pode ajudar.**

**SNAP = \$ para comida.** O ônus financeiro da pandemia tem sido uma montanha-russa de altos e baixos, afetando a todos nós de maneiras diferentes. O SNAP tem sido uma fonte estável e confiável para estender seu orçamento durante esses tempos de incerteza. **Com os preços da gasolina subindo vertiginosamente e os preços dos alimentos passando dos limites - todos nós gostaríamos de um dinheirinho extra no bolso!** Feita a inscrição, seus benefícios SNAP são depositados em um cartão todo mês. Você usará este cartão da mesma maneira que um cartão de débito, e ele é aceito na maioria dos supermercados, lojas de conveniência e algumas feiras agrícolas. **O SNAP é para todos** - famílias, idosos, deficientes, empregados, desempregados, veteranos e militares ativos.



O **Our Neighbors' Table** facilita a inscrição no SNAP. Ajudaremos você a se inscrever no SNAP por telefone - não há necessidade de vir até nós!

**Para agendar um horário para se inscrever no SNAP com o Our Neighbors' Table**  
**Ligue para 978-388-1907**



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# آیا می توانید از پول اضافی برای غذا استفاده کنید؟ اسنپ می تواند کمک کند.

اسنپ = دالر برای غذا. بار مالی ناشی از همه گیری، فراز و نشیب هایی بوده است که منبع ثابت و SNAP همه ما را به طریقه های مختلف تحت تأثیر قرار داده است. با قابل اعتمادی برای افزایش بودجه شما در این مواقع عدم اطمینان بوده است افزایش سرسام آور قیمت تیل و قیمت مواد غذایی - همه ما می توانیم از کمی پول اضافی در جیب خود استفاده کنیم! پس از ثبت نام، مزایای اسنپ شما هر ماه روی یک کارت قرار می گیرد.



اور نیبورس تیل درخواست برای SNAP را آسان می کند. ما به شما کمک می کنیم برای SNAP از طریق تلفون درخواست دهید - نیازی به مراجعه نیست.

برای گرفتن وقت برای درخواست اسنپ با اور نیبورس تیل



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