

Greater Newburyport Area - Free Groceries

Amesbury (Monday, Tuesday, Wednesday, Thursday, Friday, Saturday)

Community Action 44 Friend St. Amesbury 978-388-2570	Monday-Friday 9:00-3:00 Call for an appointment	<ul style="list-style-type: none"> ✓ Residents of Newburyport, Newbury, Byfield, Amesbury, Salisbury, West Newbury, Merrimac. ✓ Twice Per Month. Call ahead. Hallway pickup (Clothing is also available.) ✓
Our Neighbors' Table Market (Jardis-Taylor Center) 194 Main St. Amesbury 978-388-1907	Wed: 10:00 - 4:00pm Thu: noon - 6:00pm Fri: 9:00am - 3:00pm Sat: 9:00am - 1:00pm	<ul style="list-style-type: none"> ✓ Residents of Amesbury, South Hampton, Boxford, Byfield, Newbury, Newburyport, West Newbury, Groveland, Georgetown, Merrimac, Rowley, Salisbury ✓ Once per week. ✓ Order the day before online at: https://www.ourneighborstable.org/getfood.html ✓ Curbside pickup by appointment only.
Our Neighbors' Table Market (Heritage Towers & Heritage Vale) 180 Main St. Amesbury 978-388-1907	First and third Wednesdays Only 9:30 - 11:00am	<ul style="list-style-type: none"> ✓ Serves Heritage Towers and Heritage Vale residents only. ✓ ONT Market open to Towers and Heritage Vale residents only.
Our Neighbors' Table Market (at Powwow Villa) Powwow Villa St. Amesbury 978-388-1907	First and third Wednesdays Only 11:00am - 12:00pm	<ul style="list-style-type: none"> ✓ Serves Powwow Villa residents only ✓ ONT Market open to Powwow Villa residents only.
Our Neighbors' Table Home Delivery Amesbury Council on Aging 978-388-8138	Call for appointment	<ul style="list-style-type: none"> ✓ Amesbury residents only ✓ Available for homebound individuals ✓ Contact Council on Aging to apply

Georgetown (Monday through Thursday)

Georgetown Council on Aging Marketplace Georgetown Senior Community Center 51 North Street, Georgetown 978-352-5726 Call for appointment (no one turned away)	Mon through Thurs: 8:30am – 4pm	<ul style="list-style-type: none"> ✓ Georgetown residents but no one turned away ✓ Call to schedule appointment and place order ✓ Guest picks up at COA or COA will deliver to guest
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Merrimac (Wednesday)

Merrimac Council of Aging 100 East Main St. Merrimac 978-346-9549	Wed: 10:30am-noon	<ul style="list-style-type: none"> ✓ Merrimac residents only ✓ 2nd and 4th Wednesdays ✓ Call to request delivery.
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Newbury (Friday)

First Parish Newbury Food Pantry 89 Hanover Street Newbury 978-358-1077	Delivery from 10am to 1:30 pm for those without transport. Pickup (by appt) from 2:45 - 4:45pm	<ul style="list-style-type: none"> ✓ Serves Newbury, Byfield, Newburyport, West Newbury, Georgetown, Ipswich, Rowley, Salisbury. No one turned away. ✓ Pre-order online or by phone all day Wed until noon on Thurs.at: https://www.newburyfoodpantry.org/get-food
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Newburyport (Monday, Tuesday, Wednesday, Thursday, Friday)		
The Salvation Army 40 Water St. Newburyport 978-465-0883	Mon-Fri 9am -3 pm	<ul style="list-style-type: none"> ✓ Newburyport, Newbury, Byfield, West Newbury, Amesbury & Salisbury ✓ Call ahead for pickup.
Our Neighbors' Table Newburyport Newburyport Senior Center 331 High Street Newburyport 978-388-1907	Thurs 10 -11:15am	<ul style="list-style-type: none"> ✓ Residents of Amesbury, South Hampton, Boxford, Byfield, Newbury, Newburyport, West Newbury, Groveland, Georgetown, Merrimac, Rowley, Salisbury ✓ Once per week. ✓ Order the day before online at: https://www.ourneighborstable.org/getfood.html ✓ Curbside pickup by appointment only.
Rowley (Tuesday, Thursday)		
The Rowley Food Pantry 153 Main St. Rowley 978-238-6264	Tue: 10:00am – noon Thu: 5:30 - 7:00pm	<ul style="list-style-type: none"> ✓ Rowley residents only ✓ Once per week ✓ Located at Rectory of First Baptist Church - rear door ✓ Curbside pickup.
Salisbury (Tuesday, Wednesday)		
Pettengill House 13 Lafayette Rd. Salisbury 978-463-8801 Call for appointment (no one turned away)	Tue: 9:00am - 3pm 4:00pm – 6 pm Wed: 9:00am – 1pm	<ul style="list-style-type: none"> ✓ Residents of Amesbury, Byfield, Newbury, Newburyport, Merrimac, West Newbury, Groveland, Rowley, Salisbury ✓ Call ahead. Curbside pickup ✓ Delivery available if unable to pick up.
Salisbury (Friday)		
Salisbury Senior Center Food Pantry 43 Lafayette Road Salisbury 978-462-2412 Drop-in – Emergency Assistance always available	Fri: 11:00am – 1 pm Emergency Assistance Available each weekday	<ul style="list-style-type: none"> ✓ Residents of Amesbury, South Hampton, Boxford, Byfield, Newbury, Newburyport, West Newbury, Groveland, Georgetown, Merrimac, Rowley, Salisbury ✓ Once per week. ✓ Pantry Shopping ✓ Curbside pickup also available
West Newbury (Monday)		
West Newbury Council of Aging Pantry 381 Main St. West Newbury 978-363-1104	1st, 3rd (and 5th) Monday 9-10:30 or by appointment.	<ul style="list-style-type: none"> ✓ Everyone is welcome (no restrictions) ✓ Call first. Curbside pickup. ✓ Delivery to senior housing available.

Greater Newburyport Area - Free Meals

Monday	Among Friends at St. Paul's Church 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by noon.	Takeout and limited delivery of dinner from 5:00pm-6:00pm
	Annunciation Greek Orthodox Church 7 Harris St, Newburyport – Tel: 978-270-6089	Takeout lunch from 11:30am to 12:30 pm
Tuesday	Among Friends at St. Paul's Church 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by 9 am.	Takeout and limited delivery of lunch from 11:00am-12:30pm
	Immaculate Conception Church 42 Green Street, Newburyport-Tel: 978-462-2724	Takeout dinner from 5:00pm-6:00pm.
Wednesday	The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883	Takeout lunch at 11 am at parking lot door.
	Our Neighbors' Table at Main Street Congregational Church. 145 Main St., Amesbury - Tel: 978-388-1907	Takeout dinner from 4:00pm-6:00pm
Thursday	The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883	Takeout dinner at 5:00 pm at parking lot door.
Friday	Among Friends at St. Paul's Church 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by 9 am.	Takeout and limited delivery of lunch from 11:00am-12:30pm
Saturday	Central Congregational Church 14 Titcomb St., Newburyport - Tel: 978-465-0533	Takeout breakfast from 8:00am-10:00am
Sunday	Old South Presbyterian Church 29 Federal Street, Newburyport - Tel: 978-465-9666	Takeout lunch from 12 – 1 pm

For homebound individuals aged 60+ or qualified adults with disabilities, Meals on Wheels is available. Sign up through Elder Services at 800.892.0890.