

NOVEMBER Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Lunch is Served at 11:15 a.m. Please call in your Lunch Reservation 2 days ahead. 978-462-0430</p>	<p>1 Baked Fish Sweet Potatoes Mixed Veg Wheat Bread Yogurt</p>	<p>2 Soup Lemon Pepper Chickn Brown Rice Peas Honey Wheat Roll Sliced Pears</p>	<p>3 Meatloaf – gravy Mashed Potatoes Green Beans Natural Grain Bread Fresh Orange</p>	<p>4 Stuffed Shells Marinara Sauce Spinach Italian Bread Mixed Fruit</p>
<p>7 Chicken Drumstick Sweet Sour Sauce White Rice Mixed Veg Natural Grain Bread Fresh Pear</p>	<p>8 Alfredo Lasagna Zucchini Italian Bread Gelatin</p>	<p>9 Soup Hamburger w/ cheese Ketchup & Mustard Carrots Hamburger Roll Mandarin Oranges</p>	<p>10 Beef Stew Steamed Potatoes Biscuit Cake</p>	<p>11 Veteran's Day No Meals served</p>
<p>14 Hot Dog Baked Beans Chef's choice Veg Hot Dog Roll Fresh Orange</p>	<p>15 Chicken Bruschetta Pasta Broccoli Italian Bread Pudding</p>	<p>16 Soup Veg & Cheese Frattata Vegetable Orzo Peas Natural Grain Bread Sliced Peaches</p>	<p>17 Turkey w/ gravy Mashed Potatoes Stuffing Cranberry Sauce Gr Bean Casserole Dinner Roll</p>	<p>18 Mac & Cheese with Crumb Topping Brussels Sprouts Honey Wheat roll Sliced Pears</p>
<p>21 Baked Chicken Gravy Rice Pilaf Corn & red peppers Natural Grain Bread Cookie</p>	<p>22 Baked Ham Raisin Sauce Mashed Potatoes Carrots Dinner Roll Pineapple</p>	<p>23 Soup Pasta and Meatballs Marinara Sauce Zucchini Italian Bread Mandarin Oranges</p>		
<p>28 Sliced Pork Gravy Butternut Squash Rice Wheat Bread Applesauce</p>	<p>29 Shephard's Pie (Ground Beef, Gravy, Mashed Potato + Corn) Italian Bread Fresh Orange</p>	<p>30 Soup Chicken Cordon Blue Roasted Potatoes Peas Whole Wheat Roll Mixed Fruit</p>	<p>Requested Donation \$2</p>	