
Personal and Professional Assistance on Issues Large and Small

MIIA Employee Assistance Program (EAP)

A Confidential Counseling and Referral Service

You receive 3 confidential in-person counseling sessions.

- Manage Anxiety / Depression
- Adjust to Demands of Work
- Resolve Relationship Conflict
- Talk About a Loved One's Drinking
- Address Parenting and Family Issues
- Assess Your Level of Stress
- Become a Better Communicator



You receive legal assistance: one free 30-minute office or telephone consultation per legal matter; does not include job-related legal issues.

Divorce
Child Custody
Car Accidents
Real Estate / Landlord / Tenant issues
Insurance Disputes

You receive financial counseling: one free 30-minute telephone consultation per financial issue.

Financial Planning
Credit Card Debt
Tax Advice
College Planning
Retirement Consultation

Available to employees and household members

24 hours a day, 7 days a week

800.451.1834