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MAYOR'S 2ND ANNUAL HEALTH FAIR AND FLU CLINIC

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SATURDAY, NOVEMBER 19
10 AM—1 PM
NEWBURYPORT CITY HALL

Don't miss this opportunity to gather FREE information from a variety of health & wellness organizations that can have a positive impact on your lifestyle & wellbeing.

**FLU CLINIC, HEALTH SCREENINGS (BP, BMI, Glaucoma), NUTRITION, FITNESS,
STRESS REDUCTION, PERSONAL AND RECREATIONAL SAFETY**

Active Life Chiropractic, American Red Cross, American Medical Response, Anna Jaques Hospital, Angels at Home, The Beacon Coalition, Newburyport Board of Health, Recycling and Energy Office, Council On Aging, Dunkin Donuts, Country Driving School, Essex County Sheriff's Department, Nourish, Farmers Market, Fitness Together, Greater Boston Running Club, FLU CLINIC, Latitudes Sports Center, Jeanne Geiger Crisis Center, Metro Rock, Lions Club Mobile Eye Unit, Mass Health Operations Unit, Planet Fitness, Natural High Fitness Center, Newburyport Police & Fire Departments, Plum Island Kayak, YWCA, Revitalise, Riverside Cycle, Robin Blair O.D., Sams Club Pharmacy, Shaws, U.S. Coast Guard, & MORE!