# NEWBURYPORT COUNCIL ON AGING April 20, 2023

The Board of Directors of the Newburyport Council on Aging met on this date at the Newburyport Senior/Community Center, 331 High Street, Newburyport, MA 01950.

Board Chair Elaine Paglia called the meeting to order at 9:05 am.

# MEMBERS PRESENT

Elaine Paglia Richard Eaton John Green Annie Maurer Cynthia Muir Marcie Nevelle Elaine Paglia Erin Sheehy Paul Bushey Alice Sheridan

# STAFF PRESENT

Paula Burke: Director, Newburyport Council on Aging

# **GUESTS**

Eileen Hamch-Grady: Prospective Board Member

Deb Mousley: Incoming chair, Friends of Newburyport Council on Aging

Eileen introduced herself to the board.

## SECRETARY'S REPORT

Having received the Secretary's minutes of the previous meeting, It was moved, seconded, and

VOTED to accept the Secretary's report of the Board of Directors meeting of March 16, 2023.

#### DIRECTORS REPORT

- The center is still looking for van drivers to work on a per diem basis. Ginny and Tracy help with transportation and in other roles.
- Kate is going to work compiling stories from women who grew up in Newburyport for a women's oral history.
- There will be a bus tour on June 16th followed by a pizza party.
- Emphasis now is providing a venue for slower, smaller pickleball games at Bresnahan. Play starts July 10.
- Ann continues to meet with outside groups and add new programs including those for caregivers and to support brain health.
- The tax program served 271 people this year.

- A major event for June has been postponed to fall, but a team will work to organize a smaller event in June, possibly a cookout with firemen or police doing the grilling.
- According to data collected, fitness and exercise classes are the biggest draw.

#### COMMITTEE REPORTS

- Transportation will reach out to Mary about the Dump the Pump event.
- Food Insecurity has found new resources and is pulling it all together to disseminate. Women for Our Neighbors Table will come to speak to the Board in the fall.
- Facilities subcommittee for the COA wants to fix the policy on dogs and animals in the facility. John, Paul and Rosemary will assist.

## **BOARD BUSINESS**

- Questions about terms and other changes in the bylaws have been clarified by the mayor. No one may serve more than nine consecutive years on the Board and all Board members who wish to apply to serve another term, must submit a letter of interest and a resume to the city.
- Representatives of the city boards and commissions will have a table at an event at City Hall to meet the public on May 4. Members of the Board will man the table.

It was moved, seconded, and

VOTED: to accept Eileen Hamch-Grady onto the Board

The nominations were made for 2023/4

Chair: Elaine Paglis Vice Chair: Paul Busey Clerk Annie Maurer

Cynthia will take the votes if members want to send them in.

It was moved, seconded, and VOTED to adjourn the meeting at 10:15 am.

The next meeting of the Newburyport Council on Aging will be on September 21, 2023 at 9:00 am at the Newburyport Senior/Community Center.

Annie Maurer, Secretary