



# CITY OF NEWBURYPORT

## BOARD OF HEALTH

60 Pleasant Street  
Newburyport, MA 01950

**PHONE:** 978-465-4410

**WEBSITE:** [www.cityofnewburyport.com](http://www.cityofnewburyport.com)



**Public Health**  
Prevent. Promote. Protect.

### Board & Staff Present:

Dr. Richard Tilson, Board Member  
Lina Matta, Board Member

Laura Vlasuk, Director of Public Health  
Kristine Harris, Public Health Nurse

### Board of Health Meeting Minutes

October 19, 2023

- I. Meeting called to order by Dr. Tilson at 5:33 pm.
- II. Approval of Minutes from Previous Meeting. Motion to approve minutes made by Dr. Tilson, seconded by Ms. Matta. Motion passes 2-0.
- III. Director's Report:  
Director Vlasuk gave an update on the Health Department.

### Directors Report October 19 2023

- Vlasuk continues to increase social media presence.
- Vlasuk advised the Board that she requested the maximum State allotment of COVID test kits. And received 360 test kits totaling 1800 tests. Tests that are available both at the entrance to City Hall and at the Health Department office located in the lower level of City Hall. Vlasuk encouraged everyone to come take as many as they wish. The State is now distributed COVID test to homes and urges everyone to log on and order COVID test, these tests will be delivered directly to homes that have placed a request on the United States Post Office web site.
- Vlasuk arranged Shaw's to assist the Health Department they held a Flu, COVID, Shingles, RSV and Pneumonia clinic at the Senior Center 125 vaccines were distributed.
- October is Breast Cancer awareness month. The Health Department has put together some valuable information that can be found on the City of Newburyport page under the Health Department tab and we have placed a basket of pink ribbons on the counter for people to take and remember the importance of breast cancer awareness.
- Vlasuk organized a Blood Drive that will be held Wednesday November 29, 2023 from 12-5pm at the Senior Center with the assistance of the red cross.
- Vlasuk requested Ronald Beauregard, tobacco control coordinator be permitted to attend the next meeting and make a small presentation regarding regulations.

- Vlasuk currently has 5 food locations that have not renewed their food permits to date.
- Vlasuk is currently working on site plan review for the GOAT.
- Vlasuk performed a final inspection at Michaels. They will now have a window on the walking trail that will offer pizza, hotdogs and ice-cream.

#### Nurses Report October 19, 2023

Public Health Nurse Harris gave an update on the department.

- Harris is tracking MAVEN and provide weekly update to Director.
- Harris is hosting office hours in City Hall every Tuesday and Thursday in October and November from 11am to 2pm for Flu vaccine.
- Harris is holding a blood pressure clinic at the Senior Center 11am to 1pm the second Tuesday of every month.
- Harris is still available for house bound patients that may need flu vaccines or a blood pressure check.
- On September 12th Harris held a Blood Pressure Clinic at City Hall 46 individuals attend and received service.
- On September 14 Harris held a flu clinic in City Hall 37 vaccines were distributed.

IV. Date for next Meeting, set for November 16, 2023 at 7:00pm.

V. Motion to adjourn made at 6:08 pm by Dr Tilson, seconded by Ms. Matta. Motion passes 2-0.